Hellingly Preschool

Nappy and Toilet Training Policy

Nappy Changing

Parents Must supply nappies, wet wipes and nappy sacks.
Children wearing nappies will be changed mid-way through each session to keep them comfortable and avoid nappy rash. They will also be changed as necessary if they have soiled or are considered to be over wet or uncomfortable, as and when the children need.

Nappy Procedure for key persons

1. Key person to collect child's bag along with an apron and gloves ready.
2. Put apron on.
3. Put gloves on.
4. Collect the child you are changing.
5. Ensure child is safe on mat and in a secure area away from visitors.
6. Ensure you smile, sing and chat to every child during the change to reassure them.
7. Remove nappy and dispose of it in a nappy sack, ready to be put outside.
8. Clean using own wipes provided.
9. Dispose of gloves in bin.
10. Put clean nappy on.
11. Remove child from mat.
12. Spray mat and wipe down with paper towels.
13. Remove apron.
14. Wash hands.
15. Record on Daily sheet.

Toilet Training

Our Practitioners are experienced in helping parents decide if their child is ready for toilet training, please do not hesitate to ask for advice or support.

Children are positively encouraged to use the toilet or a potty, depending what stage they are with potty training. For the children that are just out of nappies staff will ask throughout the session if the toilet is needed. A child will never be forced on to the toilet or potty if he or she is unwilling to try.

Good hygiene practices are always followed at the Preschool and the children are shown how to use the toilet and how to wash their hands each time they have used the toilet. 'Accidents' will be dealt with calmly, sympathetically and in a way that does not make the child feel they have done anything wrong.
Feedback on progress will be daily with the parents / carers and plans adapted as and when necessary.

Signed : ..... Date: .....

Review Date: September 2023